



Multidisciplinary Clinic Renter Opportunity

Dear Future Colleague,

It is with great pleasure that I provide you with all of the information that you will need in order to make your decision to work with From Within Wellness. We are excited to share with you our vision and opportunities.

From Within Wellness is a multidisciplinary clinic that opened July 1, 2006 in Lessard Mall (West Edmonton). Our clinic offers 6 treatment rooms, a 1000 sq ft seminar space, many amenities and a fantastic work atmosphere. From Within Wellness is the result of many hours spent growing our massage company – From Within Therapy. The new space has been renovated with new laminate flooring, soothing paint colours, a Zen garden in the reception area, new furniture, and many other additions. From Within Wellness is a place of relaxation, healing and health.

Please read all of the information in the following package as completely as possible. Do not hesitate to contact myself with any questions or comments. Thank you for taking the time to learn more about From Within Wellness and welcome to our family!

info@fromwithin.ca

780-489-7799

Rental Opportunities

From Within has multiple rental programs to assist your growing business no matter what stage your practice is in, including both part-time and full time rental opportunities.

Full-Time Rental

You have a busy and successful business. So, why should you join From Within Wellness?

We offer a decrease in your overhead costs through shared reception, administration & management as well as lower lease costs, shared advertising and a simplified accounting system. Furthermore, we offer a community atmosphere and supportive environment. Working together, we are stronger.

As an established Practitioner, you may require exclusive use of a therapy room. We charge a flat rate of \$1400* per room for the month. Opportunity is limited to room availability.

Part-Time Program

From Within has designed a unique program for businesses trying to establish themselves in the marketplace by allowing them to grow sustainably. We firmly believe that the key to our success lies in your success. To achieve this we offer a part-time, shared room rental system, starting at four shifts a week and increasing to full time. You decide on how much time is right for you:

<u>Day</u>	<u>Morning Shift*</u>	<u>Evening Shift*</u>
Monday	9am to 3pm (\$140)	3pm to 9pm (\$190)
Tuesday	9am to 3pm (\$140)	3pm to 9pm (\$190)
Wednesday	9am to 3pm (\$140)	3pm to 9pm (\$190)
Thursday	9am to 3pm (\$140)	3pm to 9pm (\$190)
Friday	9am to 3pm (\$140)	3pm to 9pm (\$190)
Saturday	9am to 3pm (\$190)	3pm to 9pm (\$190)
Sunday	9am to 3pm (\$190)	3pm to 9pm (\$190)

Note: Each shift rental rate covers rental for the entire month.

What allows us to offer this amazing opportunity for growth is the willingness for you to share a room with other complimentary therapies. We will try our best to partner therapies that are best suited for each other and utilize similar furniture and/or equipment.

* Part-time and full-time use of therapy rooms is available upon signing of a minimum 6-month lease.

Services and Amenities Included in Room Rental

Full-Time Reception

We currently offer a minimum of 35 hours of reception/management per week, with schedule varying. Our receptionist is available to answer general client questions, book appointments, clean the common areas, maintain in-house laundry, and complete many other tasks. Generally, they are here to assist you with non-practice related duties.

In addition to appointment booking through the receptionist, we also offer online appointment booking, which adds to client and renter convenience.

Management

From Within Wellness employs an on-site manager to improve office procedures and policies and to better assist with renter's concerns. Our Manager is available during most business hours to handle and respond to concerns, deal with accounting and payroll and provide general assistance with business growth.

In-House Laundry

From Within Wellness laundry machines are available for business related use. Only all-natural and biodegradable laundry detergents are used. We also have available flannel sheet sets that are currently used by our Massage Centre.

Basic Bookkeeping and Accounting

From Within Wellness performs basic bookkeeping of all revenue received through the Centre at the end of each day. From Within prefers to receive all payments from clients (with the exception of cash tips) and pays out Renter revenue on a bi-weekly basis.

Basic Advertising

From Within Wellness provides renters with a fixed amount of business cards for use at the Centre. We will also put your services on the website so that the on-line community can access your information.

Appendix A: From Within Wellness Centre Floor Plan

